



## **Personal Development**

At St Anne's Catholic School, we nurture the whole child—mind, body, and spirit—guided by our Catholic faith. Rooted in Christ's teachings, we offer a rich and inclusive curriculum, helping every pupil grow emotionally, physically, spiritually, and academically. These principles extend to our entire faith community, fostering success grounded in Catholic values.

Our commitment to personal, social, and health education (PSHE), enriched by Catholic social teaching, equips pupils to become healthy, responsible members of society. Weekly PSHE lessons, themed assemblies, and daily collective worship promote Catholic values alongside Fundamental British Values (FBV). Equality, respect, and inclusion are central, ensuring all pupils appreciate their rights and responsibilities while valuing diversity.

Spiritual, Moral, Social, and Cultural development is integral to our Catholic ethos. Through Religious Education, pupils deepen their faith and empathy while exploring life's big questions. Our broad curriculum also celebrates each pupil's talents through various extra-curricular activities.

Inspired by Christ's example of servant leadership, we prepare pupils to face life's challenges with resilience and care for their well-being—physically, mentally, and spiritually. Guided by gospel values of love, compassion, and service, every child's journey at St Anne's is one of faith, learning, and personal growth.

### **Core Development Framework**

<b>Development Area</b>	<b>Key Components</b>	<b>Implementation Strategies</b>	<b>Resources &amp; Support</b>
<b>PSHE Education</b>	<ul style="list-style-type: none"> <li>• Personal Development</li> <li>• Social Skills</li> <li>• Health Education</li> <li>• Relationships</li> </ul>	<ul style="list-style-type: none"> <li>• Weekly structured lessons</li> <li>• Themed assemblies</li> <li>• Class charters</li> <li>• British Values integration</li> </ul>	<ul style="list-style-type: none"> <li>• PSHE curriculum resources</li> <li>• Zones of Regulation programme</li> <li>• Interactive workshops</li> <li>• Visiting specialists</li> </ul>
<b>Mental Wellbeing</b>	<ul style="list-style-type: none"> <li>• Emotional Support</li> <li>• Behavioural Support</li> <li>• Anxiety Management</li> <li>• Resilience Building</li> </ul>	<ul style="list-style-type: none"> <li>• Individual counselling</li> <li>• Group sessions</li> <li>• Mindfulness activities - meditation sessions</li> <li>• Peer support programme</li> </ul>	<ul style="list-style-type: none"> <li>• Sensory Space</li> <li>• Safe Zone tents</li> <li>• Worry Boxes</li> </ul>
<b>Physical Development</b>	<ul style="list-style-type: none"> <li>• Sports Education</li> <li>• Health &amp; Fitness</li> <li>• Safety Training</li> <li>• Team Sports</li> </ul>	<ul style="list-style-type: none"> <li>• Professional coaching</li> <li>• Swimming lessons (Y3,4 ,5 and 6)</li> <li>• Sports Day events</li> <li>• Cross-country, Football, Basketball, Swimming competitions</li> </ul>	<ul style="list-style-type: none"> <li>• PE equipment</li> <li>• Specialist coaches</li> <li>• Swimming pool access</li> <li>• Sports facilities</li> </ul>
<b>Cultural Capital</b>	<ul style="list-style-type: none"> <li>• Arts &amp; Music</li> <li>• Drama &amp; Performance</li> <li>• Cultural Awareness</li> <li>• Community engagement</li> </ul>	<ul style="list-style-type: none"> <li>• School performances</li> <li>• Choir</li> <li>• Cultural festivals</li> <li>• Community projects</li> </ul>	<ul style="list-style-type: none"> <li>• Music resources</li> <li>• Performance space</li> <li>• Art materials</li> <li>• Cultural resources</li> </ul>

### **Pupil Leadership & Support Structure**

<b>Programme Area</b>	<b>Leadership Opportunities</b>	<b>Support Systems</b>	<b>Outcomes</b>
<b>Academic Leadership</b>	<ul style="list-style-type: none"> <li>• Class Ambassadors</li> <li>• Digital Leaders</li> <li>• Library Assistants</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher mentoring</li> <li>• Training sessions</li> <li>• Regular feedback</li> </ul>	<ul style="list-style-type: none"> <li>• Enhanced responsibility</li> <li>• Leadership skills</li> <li>• Academic progress</li> </ul>
<b>Community Service</b>	<ul style="list-style-type: none"> <li>• One world Council and Mini Vinnies</li> <li>• Recycling Monitors</li> <li>• Year 6 Buddies</li> </ul>	<ul style="list-style-type: none"> <li>• Staff supervision</li> <li>• Regular meetings</li> <li>• Project support</li> </ul>	<ul style="list-style-type: none"> <li>• Community awareness</li> <li>• Social responsibility</li> <li>• Teamwork skills</li> </ul>
<b>Enrichment Activities</b>	<ul style="list-style-type: none"> <li>• Leaders</li> <li>• Sports Captains</li> <li>• Head Boy and Head Girl</li> </ul>	<ul style="list-style-type: none"> <li>• Staff coordinators</li> <li>• Resources</li> <li>• Training</li> </ul>	<ul style="list-style-type: none"> <li>• Confidence building</li> <li>• Organisation skills</li> <li>• Initiative development</li> </ul>

### **Safeguarding & Wellbeing Framework**

<b>Area</b>	<b>Key Components</b>	<b>Implementation</b>	<b>Monitoring</b>
<b>Personal Safety</b>	<ul style="list-style-type: none"> <li>• Road Safety</li> <li>• Online Safety</li> <li>• Water Safety</li> <li>• Rail Safety</li> </ul>	<ul style="list-style-type: none"> <li>• Interactive workshops</li> <li>• Regular training</li> <li>• Practical sessions</li> </ul>	<ul style="list-style-type: none"> <li>• Safety assessments</li> <li>• Incident reporting</li> <li>• Termly reviews</li> </ul>
<b>Mental Health</b>	<ul style="list-style-type: none"> <li>• Emotional Support</li> <li>• Stress Management</li> <li>• Resilience Building</li> </ul>	<ul style="list-style-type: none"> <li>• Support Sessions</li> <li>• Counselling - Pastoral Lead</li> <li>• Group activities</li> </ul>	<ul style="list-style-type: none"> <li>• Wellbeing surveys</li> <li>• Progress tracking</li> <li>• Parental feedback</li> </ul>
<b>Social Development</b>	<ul style="list-style-type: none"> <li>• Friendship Skills</li> <li>• Conflict Resolution</li> <li>• Social Integration</li> </ul>	<ul style="list-style-type: none"> <li>• Group activities</li> <li>• Peer mentoring</li> <li>• Social skills training</li> </ul>	<ul style="list-style-type: none"> <li>• Behaviour tracking</li> <li>• Pupil Voice</li> <li>• Teacher observations</li> </ul>

**Enrichment Programme – Overview\*** Please see a separate document for further reference

Term	Activities	Special Events	Community Engagement
<b>Autumn</b>	<ul style="list-style-type: none"> <li>• Sports clubs</li> <li>• Music ensembles</li> <li>• Drama club</li> </ul>	<ul style="list-style-type: none"> <li>• Harvest Festival</li> <li>• Christmas Performance</li> <li>• Author visits</li> <li>• History day</li> <li>• Olympic and Paralympian visitors</li> <li>• Y6 residential</li> <li>• Sports competitions</li> </ul>	<ul style="list-style-type: none"> <li>• Local community projects</li> <li>• Care home visits</li> <li>• Parent workshops</li> <li>• Attend local Mass</li> </ul>
<b>Spring</b>	<ul style="list-style-type: none"> <li>• Art clubs</li> <li>• Science club</li> <li>• Book club</li> </ul>	<ul style="list-style-type: none"> <li>• World Book Day</li> <li>• Easter celebrations</li> <li>• Sports competitions</li> <li>• French Day</li> </ul>	<ul style="list-style-type: none"> <li>• Community Lent projects</li> <li>• Local partnerships</li> <li>• Family events</li> <li>• Attend local Mass</li> </ul>
<b>Summer</b>	<ul style="list-style-type: none"> <li>• Outdoor activities</li> <li>• Sports teams</li> <li>• Performance arts</li> </ul>	<ul style="list-style-type: none"> <li>• Sports Day</li> <li>• Arts Week</li> <li>• International Day</li> <li>• Summer production</li> <li>• Y4 residential</li> <li>• Sports competitions</li> </ul>	<ul style="list-style-type: none"> <li>• Summer fayre</li> <li>• Community sports</li> <li>• Public performances</li> <li>• Attend local Mass</li> </ul>

## **Assessment and Monitoring Framework**

<b>Area</b>	<b>Assessment Methods</b>	<b>Review Frequency</b>	<b>Stakeholder Engagement</b>
<b>Academic Progress</b>	<ul style="list-style-type: none"><li>• Formative assessments</li><li>• Teacher observations</li><li>• Writing portfolio review</li></ul>	<ul style="list-style-type: none"><li>• Half-termly</li><li>• End of term</li><li>• Termly review</li></ul>	<ul style="list-style-type: none"><li>• Parental feedback (parents evenings/report)</li><li>• Pupil self-assessment</li><li>• Staff evaluation</li></ul>
<b>Personal Development</b>	<ul style="list-style-type: none"><li>• Behaviour monitoring</li><li>• Achievement records</li><li>• Skills assessment</li></ul>	<ul style="list-style-type: none"><li>• Monthly reviews</li><li>• Termly reports</li><li>• Annual evaluation</li></ul>	<ul style="list-style-type: none"><li>• Pupil voice</li><li>• Parent consultations</li><li>• Staff observations</li></ul>
<b>Wellbeing</b>	<ul style="list-style-type: none"><li>• Wellbeing surveys</li><li>• Behaviour logs</li></ul>	<ul style="list-style-type: none"><li>• Regular check-ins</li><li>• Termly review</li><li>• Annual assessment</li></ul>	<ul style="list-style-type: none"><li>• Pupil feedback</li><li>• Parent surveys</li><li>• Staff feedback</li></ul>

## **Quality Assurance**

This document is subject to regular review by the Senior Leadership Team and Governors to ensure:

- Alignment with our Catholic ethos and values
- Compliance with statutory requirements
- Effectiveness in supporting pupil development
- Response to emerging pupil needs
- Best practice in pastoral care

### **Additional Information**

- All programmes are delivered by appropriately qualified staff
- Regular CPD ensures current best practices are maintained
- Safeguarding procedures are embedded throughout all activities
- Parental engagement is encouraged at all levels
- External partnerships enhance provision quality

This framework has been shared with the Governing Body and is reviewed annually to ensure continued excellence in pupil development and pastoral care.

